

Monday 11th March 2024

RE: [Observing Ramadan in Primary](#)

Dear Parent / Carer

We are aware that the month of Ramadan commences on 11th March and that many of our families and the wider community are observing this.

Here at Oasis Academy Watermead, we fully appreciate that this is a very significant and special time of year for many in our community. As part of our curriculum, we will be celebrating in assembly and learning about what Ramadan means and how our families will be observing the month of Ramadan and plan to celebrate Eid.

Due to the age and maturity of our primary phase children, we along with other local schools and advice (ASCL has worked with imams, Islamic scholars, experts, Muslim chaplains in the education sector and education leaders) would ask that they do not fast during the week whilst they are in the Academy.

We do appreciate that some of our older children may wish to take part in the fasting and hope that they would be able to do this at the weekends along with their families. Children need to be able to drink when needed and eat enough food during the day so that they can remain alert and energised in this way they will be able to perform to the best of their ability. This is particularly important for our children in Year 6 as they are in the final weeks of preparation for their SATs.

Important: please note, we do acknowledge that you may wish your **Year 5** and **Year 6** children to fast due to reaching puberty. For this we require a parent or carers signed permission for them to do so during the Academy Day, and this must be completed in advance with clear dates, due to health and safety of the children when in our care this must be provided. Please pass any written confirmation to your child's class teacher. If you have children in younger year groups, please contact the academy regarding fasting.

Children who have chosen to fast will be provided with alternative lunch arrangements, so they do not need to be around the other children who are not fasting.

If you have any questions or wish to discuss this further, then please contact the Academy on 0114 2016800.

Yours Sincerely

A handwritten signature in black ink, appearing to read "N Smith", is positioned below the "Yours Sincerely" text.

Mrs. N Smith
Principal

Principal - Nichola Smith
Oasis Academy Watermead
Barrie Crescent, Sheffield S5 8RN
Email: info@oasiswatermead.org Tel: 0114 201 6800

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Parental Consent

I _____ hereby give consent for my child in **Year 5 or 6** to fast during the Ramadan period.

Name of child _____ Year group _____

Class Teacher _____ Date _____

Parent Signature _____

Principal - Nichola Smith
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