

WEEK 1 MENU

w/c 31/10, 02/11, 21/11, 12/12, 02/01, 23/01, 06/03, 27/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	WORLD FOOD DAY Italian	FRIDAY FAVOURITES
MAIN 1	Moroccan Chicken Bake	Spaghetti Bolognese	Roast Chicken	Crispy Italian Chicken	Oven Baked Fish Fingers
Main 2	Roasted Vegetable & Tomato Pasta	Quorn Burger in a bun	Roast Quorn	Wholemeal Cheese and Tomato Pizza	Quorn Hot Dog
Carbohydrates	Rice Garlic Bread Or Wholemeal Pasta	Garlic and Rosemary Focaccia or Wholemeal Pasta	Roast Potatoes or Wholemeal Pasta	Rice or Wholemeal Pasta	Oven Baked Chips
Vegetables	Roasted Sweetcorn	Roasted Red Onion and Kale	Carrots and Cabbage	Roasted Courgette and Pepper	Baked Beans or Garden Peas
Desserts	Vanilla Sponge or Selection of Yoghurts	Fruit or Selection of Yoghurts	Jelly or Selection of Yoghurts	Seedy Flapjack or Selection of Yoghurts	Ice Cream or Fruit

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



Future 50 Contains one or more of the top 50 most sustainable foods in the world!



Vegetarian



Vegan



Organic

For allergen content please speak to member of staff who will be happy to assist
















Working together

WEEK 2 MENU

w/c 07/11, 28/11, 09/01, 30/01, 20/02, 13/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	WORLD FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Butter Chicken Curry	Spiced Turkey Pitta	Chicken and Vegetable Cobbler	Cheese and Bean Wraps 	Oven Baked Fish Fingers
Main 2	Chickpea and Spinach Curry   	Macaroni Cheese 	Wholemeal Cheese and Tomato Pizza 	Lasagne 	Quorn Dippers & Tomato Salsa 
Carbohydrates	Turmeric Braised Rice or Wholemeal Pasta	Garlic and Rosemary Focaccia or Wholemeal Pasta	Roast Potatoes or Wholemeal Pasta	Baked Half Jacket Wholemeal Pasta	Oven Baked Chips
Vegetables	Bombay Cauliflower and Peas 	Roasted Sweetcorn and Green Pepper 	Fresh Broccoli and Carrots 	Cumin Scented Carrots 	Baked Beans Garden Peas 
Desserts	Chocolate Beetroot Cake Selection of Yoghurts	Raspberry Jelly Selection of Yoghurts	Selection of Fruit Selection of Yoghurts	Ice Cream or Selection of Yoghurts	Freshly Baked Vanilla Cookie Selection of Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

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 Vegetarian  Vegan  Organic

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WEEK 3 MENU

w/c 14/11, 05/12, 16/01, 06/02, 27/02, 20/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	WORLD FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Louisiana Style Baked Chicken	Cheese and Tomato Pizza	Roast Chicken	Greek Style Meatball Bake	Fish Finger Bap
Main 2	Sausage and Tomato Pasta Bake	Quorn Noodle Stir Fry	Roasted Quorn Fillet and Gravy	Quorn Sausage and Gravy	Vegan Sausage Roll
Carbohydrates	Baked Half Jacket Wholemeal Pasta	Braised Rice Wholemeal Pasta	Roasted Potatoes Wholemeal Pasta	Fresh Mashed Potato Wholemeal Pasta	Oven Baked Chips
Vegetables	Roasted Broccoli with Garlic & Red Pepper	Stir Fry Vegetables	Glazed Kale Roasted Carrots	Ratatouille	Baked Beans Garden Peas
Desserts	Flapjack Selection of Yoghurts	Ice Cream Selection of Yoghurts	Sponge Cake Selection of Yoghurts	Selection of Fruit Selection of Yoghurts	Iced Finger Selection of Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

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Vegetarian **Vegan** **Organic**

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